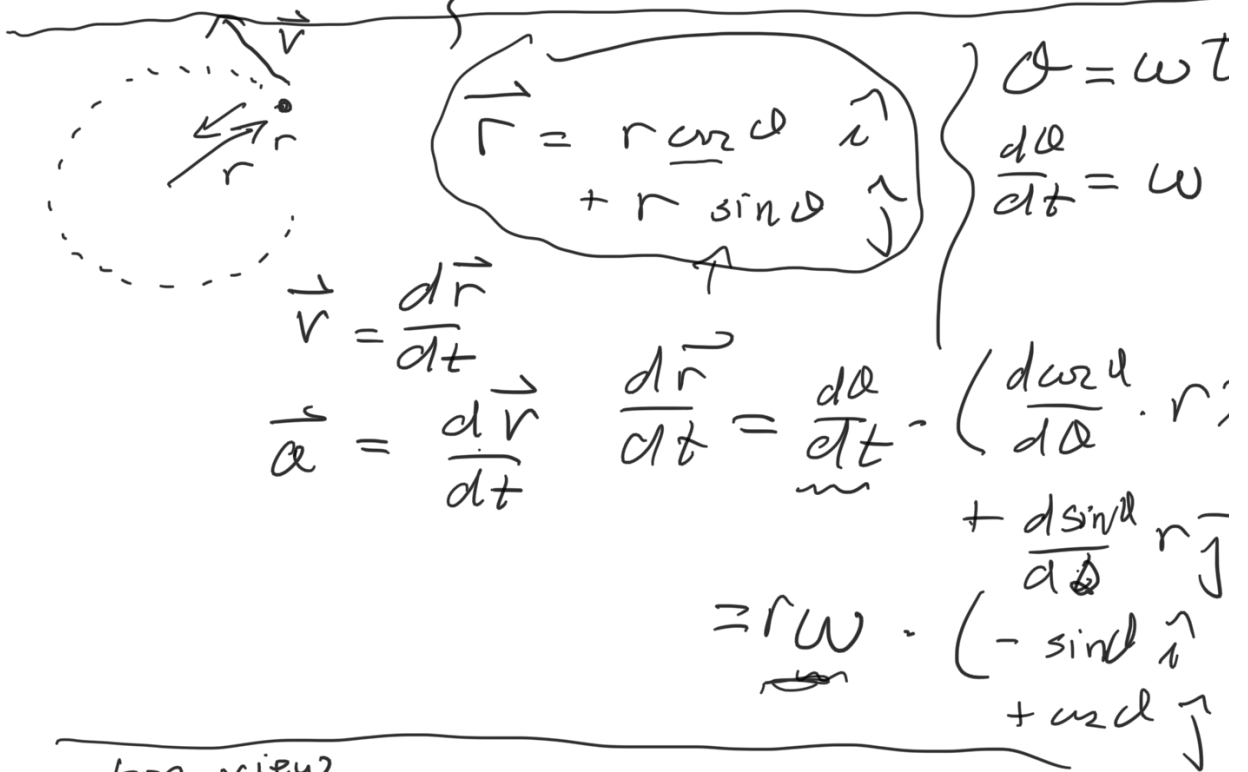




$$\overleftarrow{R} \quad \tau = R \cdot Mg$$

$$\vec{F} = \frac{d\vec{p}}{dt} \quad \tau = \frac{d\vec{L}}{dt}$$



top view

$$\vec{L} = L \cdot (\omega R \Omega t) \hat{i}$$

$$+ \sin \underline{\Omega t} \hat{j}$$

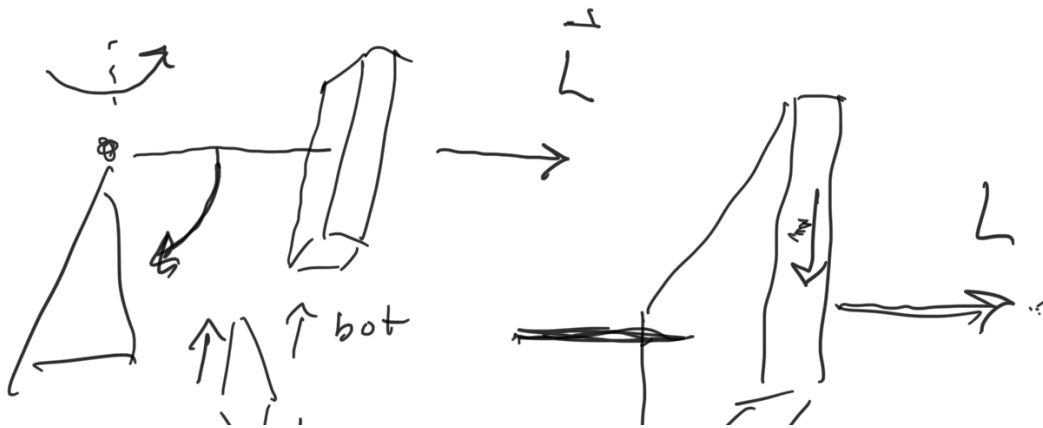
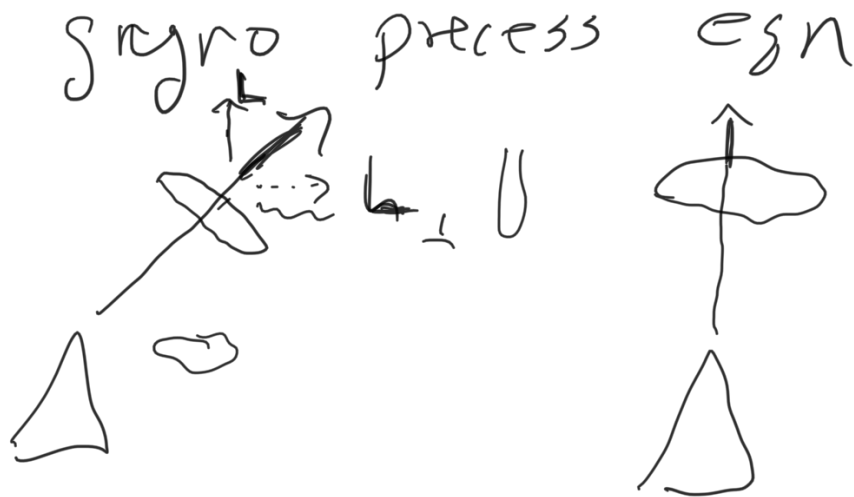
$\Omega =$ precession rate

$$\left| \frac{d\vec{L}}{dt} \right| = \Omega L$$

$$L = I \cdot \omega$$

$$\vec{\tau} = \frac{d\vec{L}}{dt}$$

$$R \cdot Mg = \frac{\Omega}{\omega} \cdot I \omega$$



|| ↓

⊙ towards

⊗ away



torque

